



Zoom Technology Moment: Committee Members





AGENDA

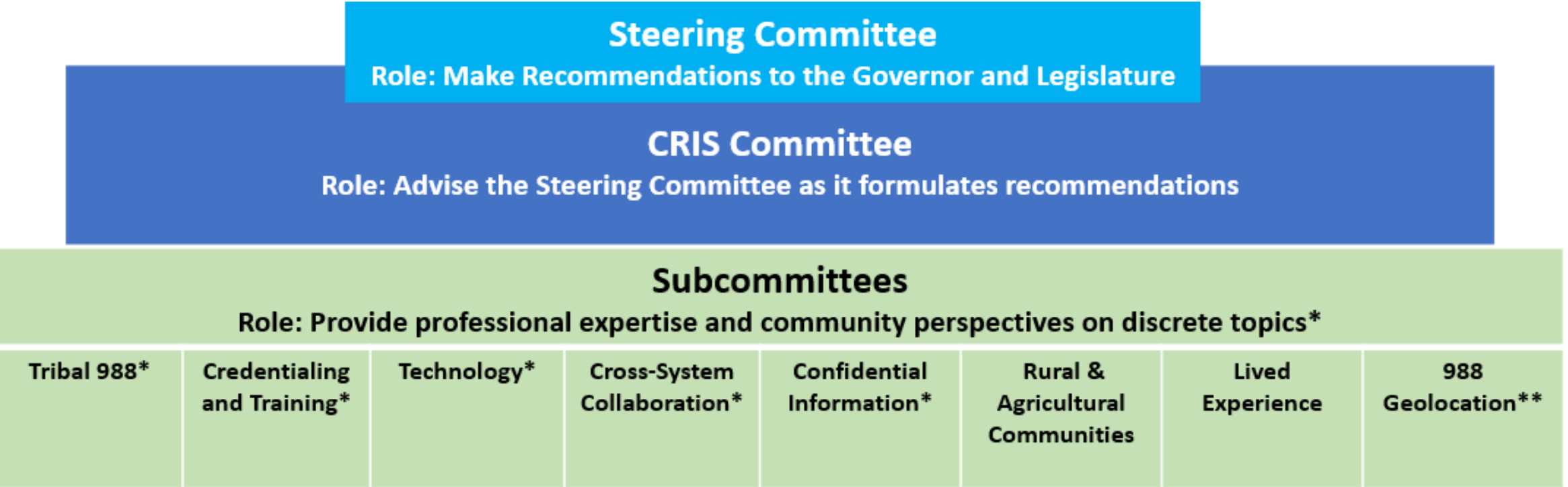
- **Welcome, Intros, Agenda review**
 - **What is CRIS (Crisis Response Improvement Strategy)**
 - **Community Opportunities**
 - **Presentations and Discussions:**
 - ***Future of the Lived Experience Subcommittee***
 - ***Reflecting on Lessons to Inform Future Work***
 - ***Voices We Have Not Heard From***
 - **Open Discussion and Sharing**
- 

A vertical image on the left side of the slide showing a dark brown branch with several bright pink cherry blossoms. The background is a soft, out-of-focus white and pink.

What is CRIS

- **2020 Fed 988 bill leads to formation of CRIS**
- **CRIS: Crisis Response Improvement Strategy established 2021 via HB 1477**
- **Focus on 3 pillars as per SAMHSA**
 - *Someone to Call*
 - *Someone to Come*
 - *Safe Place to Be*
- **38 members including 4 representing LE (1 open)**
- **Subcommittees: Multiple including LE. All have people with LE on them.**
- **Work of CRIS sent as a report to legislators and Governor's office end of each year since 2021.**

The Steering Committee – with input from the CRIS and Subcommittees – is charged to deliver to the Governor and Legislature recommendations related to funding and delivery of an integrated behavioral health crisis response and suicide prevention system in Washington.



* Six of the eight subcommittees are established by legislation . The Steering Committee established two additional subcommittees: Lived Experience and Rural & Agricultural Communities

** The Geolocation Subcommittee is expected to be convened in 2024.



LIVED EXPERIENCE (LE) SUBCOMMITTEE

- **Keep community updated on what is going on in the CRIS**
- **Empower people with LE to share their stories to identify system gaps and make suggestions on ways to address them.**
- **Inputs are shared with CRIS**
- **LE directly speak to agencies like DOH, HCA, Legislators when they can come, and other agencies that are executing the build out of the system**
- **Share your stories directly at the CRIS mtgs**



LE MEETING FLOW & HOW TO PARTICIPATE

Every lived experience story and perspective is valuable. We see the vulnerability it takes to share your tender experiences. The meeting is divided into 2 segments:

1) Presentations & discussions related to specific topics with time to interact w presenter. Please keep your questions and comments on topic while in this portion of the meeting. To honor everyone who attends we may need to interrupt and ask you to hold off topic comments/ questions until later in the meeting.

2) Open discussion so we can give your stories our full attention and respect. All stories, comments, and questions not related to agenda topics are welcome during this portion

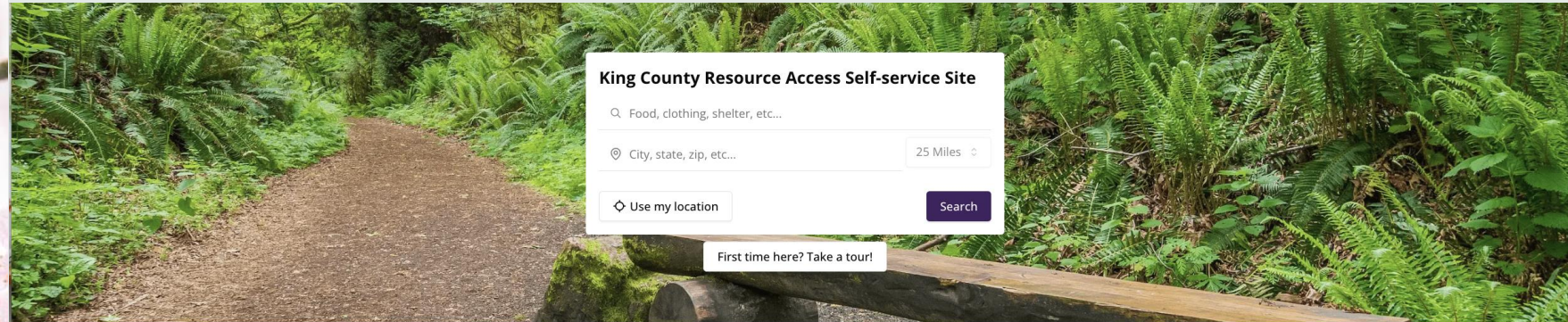


Community --- Resources



KC Residents Resource Database

<https://find-human-services.kingcounty.gov/>



Categories



Supports for People with Disabilities

- Early Intervention
- Employment
- Financial Support
- Assistive Technology



Supports for Survivors of Domestic Violence

- Hotline
- Shelter



Employment

- Job Search



Education

- Homeless Student Liaison
- GED Classes
- ESL Classes
- Tutoring/Homework Help



Food

- Free Meals
- Senior Meals
- Food Pantries/Banks
- Grocery Delivery
- Home Delivered Meals



Financial Assistance

- Rent Assistance
- Utility Assistance
- Move-in Assistance
- Utility Discounts



Personal/Household Items

- Hygiene Items
- Diapers
- Clothing



Health Care

- COVID-19 Testing
- Dental Care
- Primary Care
- Teen Clinics



Transportation

- Bus Fare
- Gas Money
- Local Transportation



Shelter/Housing

- Transitional Housing
- Homeless Day Centers
- Permanent Housing
- Overnight Shelters
- Youth Shelter



Mental Health Services

- General Counseling Services
- Mental Health Evaluation
- General Crisis Hotlines
- Teen Counseling



OBHA OFFICE OF BEHAVIORAL HEALTH ADVOCACY

<https://www.obhadvocacy.org/>

Open house details

Spokane

- 312 W. Sprague, Spokane, WA
- Friday, January 10
- 10 a.m. to 4 p.m.

[Learn more about Spokane's open house.](#)

North Sound

- 1904 Wetmore Ave, Ste 102, Everett, WA
- Friday, January 24
- 10 a.m. to 4 p.m.

[Learn more about North Sound's open house.](#)

Great Rivers

- 605 W Main St, Ste 4, Centralia, WA
- Friday, January 17
- 10 a.m. to 4 p.m.

[Learn more about Great River's open house.](#)

Behavioral Health Job Opportunities

<https://www.samhsa.gov/behavioral-health-careers>



Biden-Harris Administration Launches National Behavioral Health Workforce Career Navigator

The Substance Abuse and Mental Health Services Administration (SAMHSA), an agency within the U.S. Department of Health and Human Services (HHS), announced today the launch of the Behavioral Health Workforce Career Navigator, designed to help current and aspiring behavioral health professionals identify state requirements for a range of behavioral health careers. The navigator supports President Biden and Vice President Harris' commitment to expanding America's behavioral health workforce, a key element of the Administration's Unity Agenda for the Nation.



Community Opportunities



King County Behavioral Health Online Survey



We Want to Hear From You!

Take the Survey

King County's local behavioral health sales tax brings \$80 million each year for mental health and substance use programs.

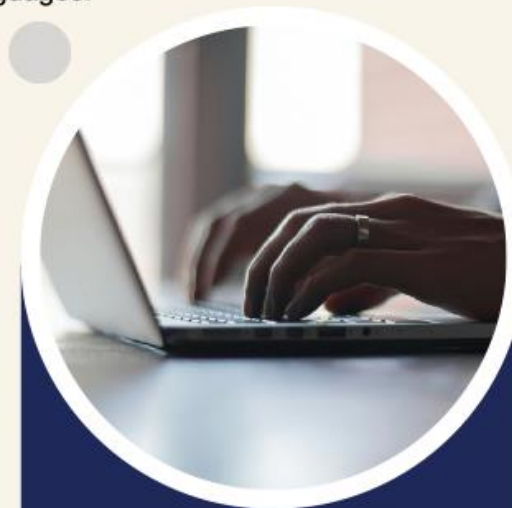
We want to hear from you! How can our local funds serve you better? Click on the **"Take the survey"** button or scan the QR code to share your input. The survey is available in 21 languages.



We would love to learn from:

- ✓ Behavioral Health Providers
- ✓ Community Organizations
- ✓ Rural Residents
- ✓ Peers & People with Lived Experiences
- ✓ General Public

Take the Survey



Questions?

Email Natalia C. Chacon
nchacon@kingcounty.gov

A vertical image on the left side of the page showing a dark brown branch with several bright pink cherry blossoms in various stages of bloom. The background is a soft, out-of-focus white and light pink.

Mental Health Advanced Directive Workgroup

MHAD Workgroup Letter of Interest Announcement

The Washington Health Care Authority (HCA) is establishing and supporting the Mental Health Advance Directive (MHAD) Effective Implementation Workgroup. This Workgroup will be working in 2025 to develop recommendations and training to support creation and utilization of MHADs in Washington. In addition, there will be two Subgroups to inform Workgroup recommendations: the 1) Document Storage Subgroup and 2) Training for Document Creation and Utilization Subgroup. Washington HCA is contracting with Health Management Associates (HMA) to support this work.

The Workgroup and Subgroups are seeking representation from individuals and families from diverse communities who have lived experience of behavioral health crises to be a part of this initiative, including:

- 1) As a member of the MHAD Implementation Workgroup*
- 2) As a member of one of the Subgroups
- 3) Community town halls and listening sessions

**Please note that the Workgroup and Subgroups will have limited seats available, but individuals that are not selected to join the Workgroup or Subgroup will still have the option to participate in additional opportunities (e.g., Town Halls, Focus Groups, Listening Sessions).*

The Workgroup recommendations will be included in a report to the Legislature and Governor due December 1, 2025. The Workgroup will launch early 2025 and meet approximately quarterly throughout the year, with Subgroups meeting monthly. Workgroup and Subgroup members will be requested to participate in meetings and support outreach to their respective communities. Workgroup and Subgroup members who are eligible may receive stipends for participation, in accordance with HCA policy.

If you are interested in participating, please fill out the following brief Letter of Interest **by Wednesday, December 18th at 5 p.m. PT:** [Link](#). Please contact Brooke Zollinger at bzollinger@healthmanagement.com if you would like additional ways to submit this information (e.g., by fax or mailed) or if you have any questions or concerns.

PSYCHOSIS CARE VIRTUAL CONFERENCE

<https://registration.socio.events/e/pc25>



Early registration: 2025 Psychosis CARE virtual conference

HCA is excited to announce the return of the Psychosis CARE virtual conference for its third year! This two-day online event brings together a wide range of participants—school staff, primary care providers, mental health and substance use disorder professionals, law enforcement, families, and individuals with lived experience—to explore psychosis-related Community Awareness, Resources, and Education (CARE).

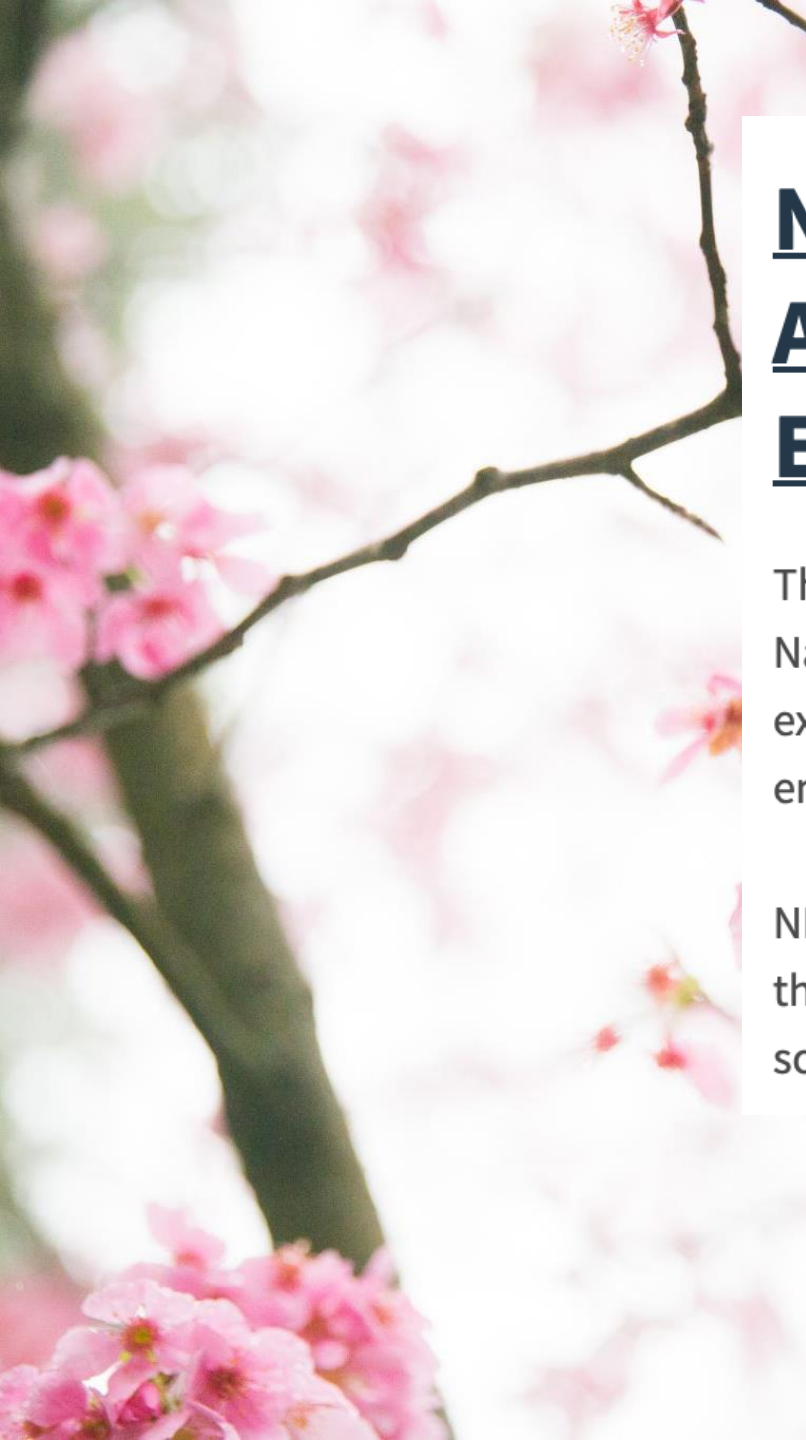
- **Dates:** April 29–30, 2025
- **Time:** 8:30 a.m. to 12:30 p.m. each day

Join us for expert-led breakout sessions covering topics like early identification of psychosis, available resources in Washington State, and practical ways to support individuals experiencing symptoms. You'll also have opportunities to connect and collaborate with others.

Early registration is now open—Register today!

Want to help shape Psychosis CARE 2025? Share your thoughts by completing a [brief survey](#) by January 17, 2025.

Take the survey



National Institute on Drug Abuse (NIDA) Announces People With Lived/Living Experience of Substance Use Workgroup

The National Institute on Drug Abuse (NIDA) recently announced a new working group to the National Advisory Council on Drug Abuse (NACDA) made up of people with lived or living experience (PWLLE) with drug use that will advise on ways to enhance and increase meaningful engagement of PWLLE with drug use in NIDA-funded research.

NIDA is seeking workgroup members who identify as having current or former experience themselves with substance use or substance use disorder, or as a family member or caregiver of someone who does. Applications are due no later than January 10, 2025.

<https://nida.nih.gov/>



Future of the Lived Experience Subcommittee

Agency Updates & Subcommittee Discussion





Reflecting on Lessons to Inform Future Work

Subcommittee discussion of what's worked well,
what hasn't, and opportunities to explore





Voices We Have Not Heard From





Open Discussion and Sharing





#We can apply Ragnar, Relay for Life, Staggered breath singing ideas to the work we do!

we Work - we Rest

we Take Turns!

We do it Together!

WHAT WE COVERED

- **What is CRIS (Crisis Response Improvement Strategy)**
- **Community Opportunities**
- **Presentations and Discussions:**
 - ***Future of the Lived Experience Subcommittee***
 - ***Reflecting on Lessons to Inform Future Work***
 - ***Voices We Have Not Heard From***
- **Open Discussion and Sharing**

