

State Prevention Enhancement (SPE) Policy Consortium and 5 Year Strategic Plan

Mission statement: The SPE Consortium, through partnerships, is working to strengthen and support an integrated statewide system of community-driven substance use disorder prevention, mental health promotion, and related issues.

Overview

The State Prevention Enhancement (SPE) Policy Consortium was developed by a collaborative of state partners in 2011. The SPE Policy Consortium designs and implements the five-year Washington State Prevention Strategic Plan. The Consortium works to strengthen and support an integrated statewide system of community-driven substance use disorder prevention, mental health promotion, and related behavioral health issues. Twenty-six state agencies and organizations and tribal partners represent the Consortium with more than 45 active members.

The State's Substance Use Disorder (SUD) Prevention and Mental Health (MH) Promotion Plan is implemented by six workgroups that meet on a regular basis, in cooperation with statewide agencies and organizations that have some focus on SUD prevention and MH promotion.

The following workgroups oversee the implementation of action plans to accomplish the goals and mission of the plan:

- The Washington Healthy Youth Coalition: Underage drinking and marijuana misuse/abuse prevention
www.starttalkingnow.org/about-us
- Opioid Prevention Workgroup:
<https://theathenaforum.org/prevention-priorities/opioid-misuse-prevention>
- Young Adult Workgroup:
<https://theathenaforum.org/spe>
- Washington Breathes: Commercial Tobacco and Vapor Products Workgroup:
<https://washingtonbreathes.org/about-us>

- Mental Health Promotion and Suicide Prevention Workgroup:
<https://theathenaforum.org/prevention-priorities/mental-health-promotion-and-suicide-prevention>
- Problem Gambling Prevention Workgroup:
<https://theathenaforum.org/prevention-priorities/problem-gambling-prevention-and-early-intervention>

In 2011, the Consortium initiated the strategic planning process to develop the first Five-Year Strategic Plan for 2012-2017. In November 2023, the SPE Consortium completed and released the full update of the statewide plan for 2023-2027. The Consortium used the Prevention Planning Framework, based on the Strategic Prevention Framework (SPF), as the overall planning framework for this process. The SPF was originally developed by the federal Substance Abuse and Mental Health Services Administration (SAMHSA). SAMHSA's SPF is a comprehensive planning process designed to help states and communities build the infrastructure necessary for effective and sustainable prevention. The Consortium updates the Strategic Plan every five years.

The most recent version can be found on [The Athena Forum website](#).

Eligibility requirements

To participate in the SPE Policy Consortium, partners include statewide Agencies and organizations working on primary prevention of substance use disorders, promoting mental health, and/or addressing other behavioral health challenges by going “upstream” and focusing on risk and protective factors.

Budget for SFY 25

The Consortium serves as the advisory council for the five-year PFS 2023 and the SPF-Rx grant to HCA, with a portion of the funding from each grant going towards staff time (less than 0.2FTE total) to support the SPE Policy Consortium and strategic planning activities.

Partners

This work continues through ongoing partnerships with the following agency representatives:

- American Indian Health Commission (AIHC)
- Attorney General Office (AGO)
- Commission on Asian Pacific American Affairs (CAPAA)
- College Coalition for Substance misuse, Advocacy, and Prevention (CCSAP)
- Department of Children Youth and Families (DCYF)
- Department of Health (DOH)
- Health Care Authority's (HCA) Division of Behavioral Health & Recovery (DBHR)
- HCA's Office of Tribal Affairs (OTA)
- Indian Policy Advisory Committee (IPAC)
- Northwest High Intensity Drug Trafficking Area (HIDTA)
- Liquor and Cannabis Board (LCB)
- Office of Superintendent of Public Instruction (OSPI)
- Prevention Specialist Certification Board of Washington (PSCBW)
- State Board of Health (SBOH)
- State Epidemiological Outcome Workgroup (SEOW)
- Washington Association for Substance Abuse and Violence Prevention (WASAVP)
- Washington Healthy Youth Coalition (WHY)
- Washington Poison Center
- Washington State Commission on Hispanic Affairs (CHA)
- Washington State Institute for Public Policy (WSIPP)
- Washington State Patrol (WSP)
- Washington State Prevention Research Sub-Committee (PRSC)
- Washington State University (WSU)
- Washington Traffic Safety Commission (WTSC)
- University of Washington (UW)

For more information

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SPE webpage:

<https://www.theathenaforum.org/spe>

Strategic Plan:

theathenaforum.org/sites/default/files/2024-09/82-0123_spe_5_year_plan_final_web.pdf